

SA: STATE OF WELLBEING SURVEY RESULTS

The Survey

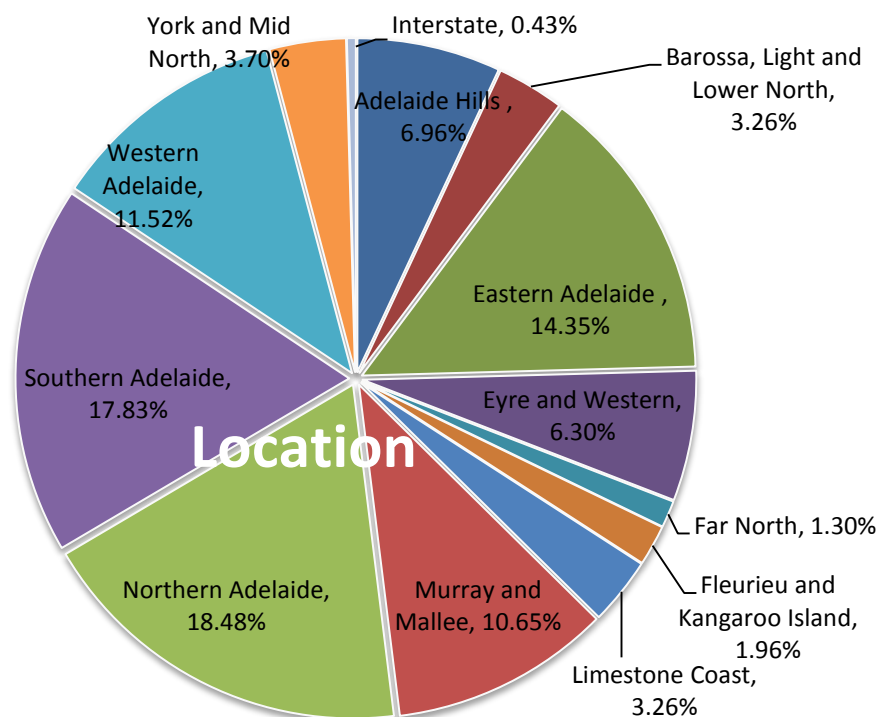
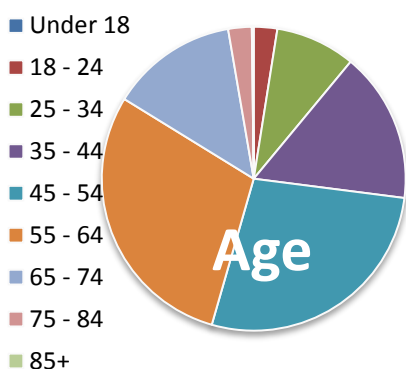
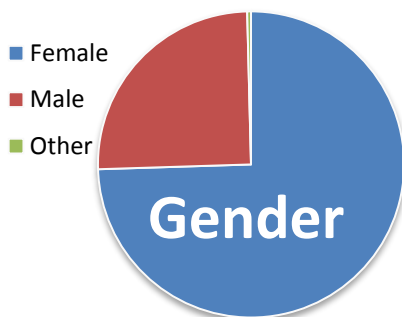
- The survey was intended to capture the views of everyday citizens of what contributes towards wellbeing, to help frame the SA: State of Wellbeing 90 Day Project.
- The survey asked respondents to identify the factors (domains) that they considered most contributed to wellbeing, at 3 levels - Personal, Family/Community and State Population level. Respondents were asked to rate domains on a Likert scale ranging from essential to not important. Domains were compiled from a number of ABS documents, and a WHO document.
- The survey was distributed through networks of those involved in the project (e.g. DCSI, SA Health, Community Centres SA, TAFE SA, others) and was also available on YourSay. The survey was open for approximately 3 weeks and received a total of 540 responses in that time.

540
RESPONSES

The Respondents

- The majority of respondents were older (e.g. 70% aged 45-75), with relatively few younger people (11% aged 18-34)
- Additionally, the majority of respondents were female (75%)
- 62.2% of respondents were from metropolitan Adelaide and 37.4% were from regional South Australia

2% Aboriginal/Torres Strait Islander
99% Spoke english at home
18% Overseas born



➤ Personal Wellbeing

The **3 highest** ranking personal domains were:

1. Emotional/mental health - 75% of ALL respondents selected essential
2. Personal safety - 56% of ALL respondents selected essential
3. Having good personal relationships - 49% of ALL respondents selected essential

The **lowest** ranking personal domain was 'Spirituality and religion' - 27% of ALL respondents selected 'not important.'

Personal Wellbeing Comments:

'People ultimately need to feel safe and comfortable, so anything that contributes to those things will make a huge impact on well-being.'

'... having employment which gives you enough hours of work and income to guarantee that you can pay your bills and not constantly worry if you will be unemployed.'

Family and Community Wellbeing Comments:

'Our communities should be diverse and respectful. Safety and reduced violence are important.'

'... The design of our cities and suburbs encourage isolation with separated properties and the reliance on isolating transport modes.'

➤ Family and Community Wellbeing

The **3 highest** ranking family and community domains were:

1. Access to health services - 55% of respondents selected essential
2. Time spent with family - 54% of respondents selected essential
3. Access to schools and education - 51% of respondents selected essential

The **lowest** ranking family and community domain was 'Access to childcare' - 15% of ALL respondents selected 'not important'. Only one respondent aged between 18-34 selected 'not important' for 'Access to childcare' however (the most common 'not important' answer for 18-34 year olds was 'Culture and kinship...' (15%))

➤ SA Population Wellbeing

The **3 highest** ranking State Population domains were:

1. Availability and accessibility of services (hospitals, schools, transport, community services) - 62 % of ALL respondents selected essential
2. Justice and equity for all (i.e. minimising racial discrimination, gender equality) - 53% of ALL respondents selected essential
3. Job security and opportunities - 49% of ALL respondents selected essential

The **2 lowest** ranking State Population domains reported as 'not important' by respondents were 'State/national security (defence)'(5%) and 'Entertainment and events' (3%).

SA Population Wellbeing Comments:

'Being able to afford electricity and water.....'

'Freedom to speak our opinions... feeling safe in our homes and communities.'